

START

S1 URBAN ORIENTEERING / O-RUN

15 km
+290m, -100m
23CPs
Estimated fastest time - 3 h

S2 TREKKING

33 km
+1460m, -1400m
11 CPs
Estimated fastest time - 6,5 h

FINISH



TA1

S5 MTB

41 km
11 CPs
+900m, -800m
Estimated fastest time - 4 h

**CLIMBING
ROPE BRIDGE**

S3 MTB

30 km
+480m, -660m
4 CPs
Estimated fastest time - 3 h

**NAVIGATION
TASK**

ARCHERY

S4 KAYAK

15 km
6 CPs
Estimated fastest time - 3 h

RAJD BESKIDY

23-25.06.2023

**SHORT COURSE
WWW.RAJDBESKIDY.PL**

TOTAL DISTANCE = 134 km
TOTAL ELEVATION GAIN = +3130M, -2960m
TOTAL CPs = 55
TOTAL ESTIMATED FASTEST TIME NET = 19,5 h